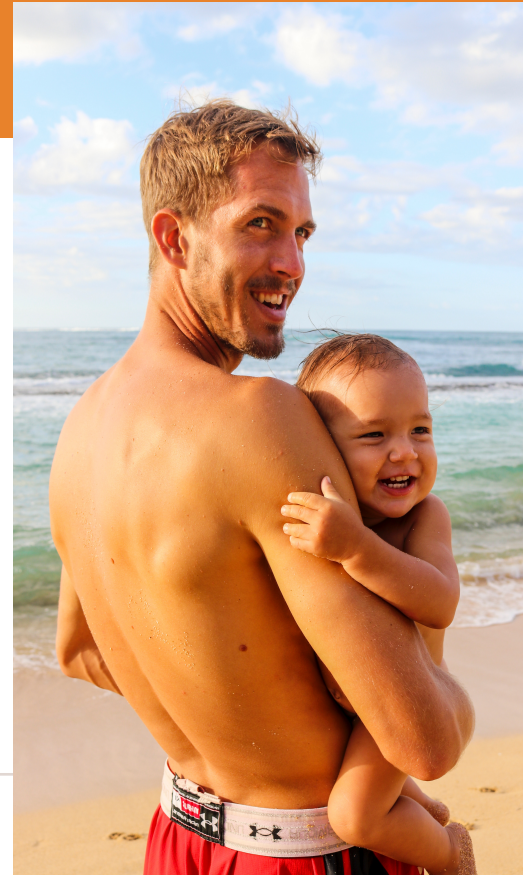


## Preparing for Treatment

Congratulations! You've taken the first step on your journey to recovery, and we are here to help you every step of the way. We're going to give you the tools to experience your strength and live a healthy life from your first day with us. In order to make sure you have the best experience possible, please use this checklist while preparing for your stay.



### What to Bring:

- **ID/INSURANCE and PRESCRIPTION CARDS** - Please bring a picture ID, insurance card(s), and prescription cards.
- **MEDICAL** - If you have recently been discharged from the hospital, please bring your discharge paperwork with you. If you have had a recent PPD (tuberculosis) skin test, please bring the results and/or a recent chest X-ray testing for tuberculosis to avoid a retest.
- **MEDICATIONS** - Please bring all of your prescription medications in the current prescription bottles. If approved by our doctor, your own medications will be administered until authorized medications are ordered and filled. Medication charges are not included in the treatment rates and your prescription benefit will be used.
- **CLOTHING/MONEY** - Casual clothing (7-10 days' supply), including appropriate gym clothes and supplies. The Phoenix House dress code is casual and comfortable, but should not be revealing or provocative. No clothing or items should reference drugs or alcohol or anything potentially offensive to someone. Laundry facilities are available on site. Laundry detergent will be provided. Up to 5 clothes hangers are allowed.
- **TOILETRIES** - You can bring toiletries including shampoo, conditioner, hair spray (no aerosol), and body lotion. All toiletries must be alcohol free. Electric razors are allowed.
- **LITERATURE/ MISC** - You may bring personal literature to read, along with paper, pens, and pencils. Alarm clocks are allowed but no other devices.

## What NOT to Bring:

- Sports/exercise equipment, clothing iron, valuables (jewelry, watches, or designer clothes), heating pads, electric blankets, cameras, stereos, radios, laundry detergent, vaping and vaping paraphernalia, hand sanitizer, any device with speakers or personal bedding of any kind.
- Weapons of any kind.
- No Cell phones, tablets, etc. allowed during most phases of treatment.

## What to Expect Upon Admission:

- You will receive a privacy practice notice at the time of admission that discusses your rights as a patient and general rules and regulations of the program.

Clinical staff will assess you for the recommended level

- of care. If required, detoxification may be managed at the residential facility or in other cases, a brief detoxification admission to a specialized detoxification center may be required for purposes of safety before proceeding to our residential program.

Visitor Orientation is held every Saturday at 12:30 pm before Visitation begins at 1pm. Visitation is 1-4pm on Saturdays for the Women's unit

- and 1-4pm on Sunday for the Men's program. During Visitor Orientation they will be given the rules of Visitation, and can expect to see their family the same day, upon agreeing to follow the rules of the program. Visitors are subject to their belongings being searched upon entrance into the facility and once inside they are not permitted to return to their vehicles. **Visitation days and hours vary due to COVID.**

Visitation in the adult program is limited to five adult visitors per patient.

- While younger siblings and children are welcome, please use your best judgment in regards to the lack of recreational accommodations for children and the mature subject matter that may be discussed within hearing of the children. **Number of visitors limited due to COVID.**

To ensure the safety of all patients, you will be asked to submit to a search of your luggage and other personal items upon admission. After the initial search of belongings, any patient found to be hiding or storing addictive or illegal substances is subject to discharge.



We're excited to help you start living a life free from the negative impact of addiction. See you soon!

